



INTERNATIONAL SPORTS SCIENCE + SPORTS MEDICINE CONFERENCE 2011

NEWCASTLE UPON TYNE, ENGLAND. 18-20 AUGUST 2011

Conference Objectives

To deliver Europe's Premier Sports Medicine and Sports Science Conference in the build up to the 2012 Olympic and Paralympic Games and beyond + looking forward to the 2014 Commonwealth Games.

Featured Highlights

Plenary Sessions

The female athlete

Optimising performance in rugby union

Dietary nitrate – The new magic bullet

Vitamin D and performance – Does the evidence support supplementation

Hydration and performance – A meta-analytical approach

Sports informatics

Supporting Elite Athletes – From practical to philosophical perspective

Sports Medicine Symposia

Lower back pain – The sporting back

Controversies in Sports Medicine – Cardiac rehabilitation, exercise induced asthma

Sports Medicine at the Olympic Games

The childhood obesity epidemic: causes and solutions

Sports Science Symposia

Mechanisms and function of pacing in optimising performance

Understanding and applying molecular biology in sport and exercise science

Strength and conditioning – biological principles and functional applications

The IOC consensus on sports nutrition – what's new?

Contemporary neuroscience techniques for sport and exercise science

Evening Colloquia

Looking into the crystal ball – Optimising performance in an Olympic year

Sporting Heroes

Open Communications

Orals

Posters

Stop Press: Attendance at ISSSMC is worth 18 CPD points

Abstract submissions published in the British Journal of Sports Medicine

Reduced Fees for Early Registration

To find out more www.issmc.com where you'll find full details.

If you think ISSSMC 2011 may be of interest to your friends/colleagues please forward this flyer to your contacts.